

Tobacco Use in Clark County

In Washington State we lose 8,200 lives to diseases caused by tobacco. That's more than we lose to illegal drugs, car accidents, suicides, AIDS, and alcohol...combined. Every single day in our state, 65 kids get hooked on smoking, and at least one-third die prematurely as a result. As a state, we spend \$1.3 billion every year on tobacco-related health services.

Who Smokes?

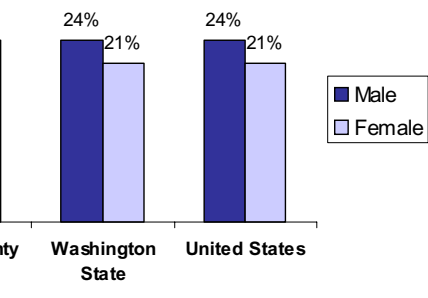
Clark County rate of adult smoking was 23%.

Washington State rate of adult smoking was 21%, the Washington goal for year 2000.

Clark County rate of adult smoking was 23%.

Clark County has a higher percentage of smokers than both Washington State and the United States.

Smoking by Gender, Clark County, Washington State and United States, 1999



Source: Centers for Disease Control and Prevention, Washington State Department of Health, and Southwest Washington Health District. Behavioral Risk Factor Surveillance Surveys 1999.

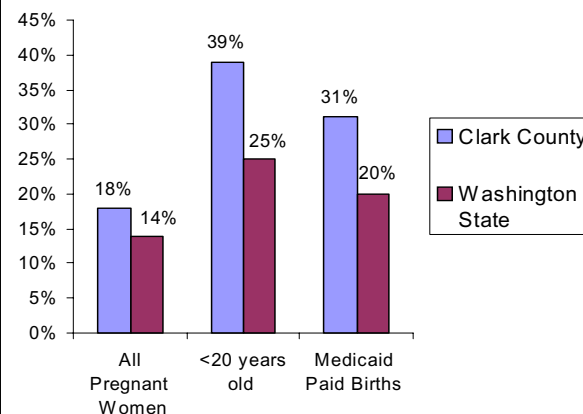
Source: Department of Health, Center for Health Statistics, Registration System, Annual Statistical Files, 1980-1999. February, 2001.

Smoking During Pregnancy

Smoking during pregnancy increases the risk of low birth weight, sudden infant death syndrome (SIDS), miscarriage, and premature delivery.

- Nationally, about 18% to 20% of women smoke during pregnancy.
- In Washington State in 1999, about 14% of women smoked during pregnancy; while in Clark County 18% smoked.
- More pregnant teens smoked in Clark County, 2 in 5 (39%) compared to 1 in 4 (25%) in Washington State.
- There are more low-income (Medicaid) pregnant smokers in Clark County, almost 1 in 3 (31%), than Washington State with 1 in 5 (20%).

Smoking in Pregnancy by Age and Medicaid Status, Clark County and Washington State, 1999

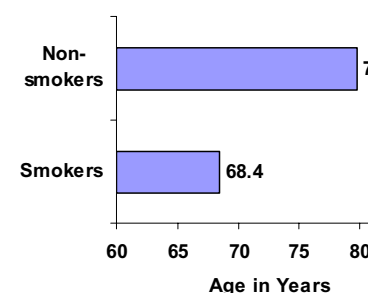


What Smoking Does

Leading causes of death related to smoking are heart disease, cancer of the lung, tracheobronchus, chronic obstructive pulmonary disease (COPD) and stroke.

- In Clark County, non-smokers live an average of ten years longer than smokers.
- COPD death rates in Clark County have been higher than the State since 1980 and are increasing. While the COPD death rate for females has more than doubled from 1980 to 1998, males continue to have higher rates of COPD than females.
- Lung cancer death rates in Clark County are higher than Washington State. For men appears stable; the rate for women is increasing.

Average Age at Death of Persons by Smoking Status, Clark County



or Disease Control and Prevention
established four areas of focus for
tation activities:

of initiation of tobacco use
cessation of tobacco use
of exposure to ETS
ntal tobacco smoke)
health disparities among

focus are addressed through six
ponents:

community-based programs
hool-based programs
ssation
ublic awareness and education
outh access
essment and evaluation

You Get Involved Locally?

Free Coalition of Clark County
November 2000 to increase
nd information sharing between
d organizations to search for
utions.

*Lanz at Clark County Health
97-8416, for more information.*

For More Information:

Clark County Health Department
Tobacco Program
360-397-8416
www.swwhd.wa.gov

Washington State Department of Health
Tobacco Prevention and Control
360-236-3665
www.doh.wa.gov/tobacco/default.htm

Clark County Health Department
Assessment and Research Unit
360-397-8215

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*Front cover art: A partial list of the more than 599
additives found in tobacco smoke.*

Adult Tobacco Use in Clark County

